

2021

Dr. *Regina*
Rae

BOOKING INFORMATION:
DRREGINARAE.COM/SPEAKER

BOARD-CERTIFIED OBGYN
ADOPTION CONSULTANT
GLOBAL SPEAKER

SPEAKERS KIT



**BOARD-
CERTIFIED
OBGYN**

**ADOPTION
CONSULTANT**

**GLOBAL
SPEAKER**

**BEST -SELLING
AUTHOR**

MEET DR. REGINA RAE

Dr. Rae's personal journey with growing her family has enabled her to serve her patients/clients uniquely. She has navigated successfully the road they travel.

My mom always told me the "boys" would be there, and that I should concentrate on my education. I was obedient and did just that. However, in establishing a career, it did not negate my desire for a family. As I navigated through the chapters of my life, it did not occur to me I would have a problem getting pregnant. However, after five, expensive, complicated and exhausting cycles of IVF, and another 4 frozen embryo transfers (FETs), the quest to explore alternative parenting options began. Hello, Adoption! Although this process became another trial of patience and resilience, I am elated to offer a praise report. At the age of 54, and 47 respectively, my husband and I became the proud parents of a beautiful baby girl who will be four years old in January.

Our experience on this journey prompted me to reflect upon the sundry levels of advocacy I could provide for individuals exploring the various pathways to parenthood. It ignited a desire within me to serve as a champion for those exploring adoption as an option. With this motivation, I decided to create a number of products to help facilitate a better understanding of the adoption process. Also, as a board-certified Obstetrician & Gynecologist, I recognized the value I could extend parents-to-be in simplifying medical jargon, understanding the health conditions of the birth mom and how they impact the health of the unborn child, and ensuring full transparency of the process so the best-informed decision can be made.

WHAT TO EXPECT...

Here's what you can expect from me and my team:

- Prompt, professional replies to your phone calls and email messages.
- A personal phone consultation with a member of my team prior to your event, so I can better understand how I can best serve you and your audience.
- An announcement about your event on my blog and social media channels. (This assumes that your event is open to the public and you want additional visibility for it.)
- Professionally prepared and dynamically delivered Training & Presentations that focus on achieving the outcomes you want with your audience.
- Customized speeches that will suit your event theme.
- High energy and fun-filled events will keep the crowd engaged.



MY BIOGRAPHY

Highly esteemed Obstetrician & Gynecologist, Dr. Regina Rae Whitfield Kekessi, MD, MPH is a Board-certified physician, National Speaker, Author, and Women's Health Expert. Her kind, non-judgmental spirit coupled with her honest and firm approach while delivering high-quality obstetrical and gynecological care makes her a highly sought-after physician clinically and in the speaker's arena. She also specializes in minimally invasive procedures including DaVinci laparoscopy and operative hysteroscopy in the management of women of all ages.

Dr. Regina has over 20 years of experience in the medical field and more than 17 years in clinical practice as an expert in the field of women's health. She has published in numerous medical journals and has been featured on television, radio, and other forms of social media.

Having traveled the world as a member of a military family, Dr. Regina received her Bachelor of Science degree from the Xavier University of Louisiana in New Orleans, LA, and her Master of Public Health degree from Emory University in Atlanta, GA. She earned her Doctor of Medicine degree from Rush Medical College in Chicago, IL, and completed her Obstetrics & Gynecology Residency at Wright State University in Dayton, OH.

In 2017 and 2018, she received the Vitals Patients' Choice award – a recognition that reflects the impact a physician has made in the lives of his or/DELETE her patients as voted by the patients. In 2019 and again in 2021, she was voted as one of Cincinnati Magazine's Top Doctors. When Dr. Whitfield Kekessi is not busy with her dynamic medical practice, she enjoys spending time and traveling the world with her family.

MY SIGNATURE TOPICS

It's always a challenge to find just the right speaker for your event. I understand how important it is to find someone who can give a strong, relevant message while connecting authentically to your audience. With that being said, I am honored you have decided to consider me. Please take a moment to review some of my most popular topics below. I do offer customized talks, so if you don't see what you are looking for, please contact me at drreginarae.com/speaker



01

WOMEN'S HEALTH AND FERTILITY

02

THE ADOPTION PROCESS



03

RED & GREEN FLAGS OF HEALTHY RELATIONSHIPS



PREVIOUS SPEAKING ENGAGEMENTS

WKRC/CBS AFFILIATE
CINCINNATI

TRIHEALTH

AMERICAN JOURNAL
OF OBSTETRICS &
GYNECOLOGY

AMERICAN JOURNAL OF
RESPIRATORY AND
CRITICAL CARE MEDICINE

FERTILITY AND STERILITY

DRREGINARAE.COM



WHAT OTHER PEOPLE HAD TO SAY...

From her down-to-earth demeanor to her warm spirit, it doesn't matter how far I've moved away, I always come back to Dr. Whitfield-Kekessi for GYN care. She's JUST THAT good!

- **Naya R.**



Dr. Whitfield-Kekessi has been my Gynecologist for more than 10 years. I couldn't ask for a friendlier or more caring doctor. She also provides care for my sister, daughter, and niece.

- **Colette C.**

She helped me achieve two pregnancies/births which I never thought was possible—making my dream a reality. I recommend her to all of my family members and girlfriends. She's SIMPLY THE BEST!

- **Rebecca V.**





IN THE MEDIA

I am always honored when people want to interview me or feature me in their media outlets; it is truly humbling to be allowed to expand my platform. That being said, keep in mind that I get quite a few of these types of requests, and time constraints keep me from honoring them all. If you would like to feature me or my work on your media outlet, please complete the contact form on the sidebar. My team works on a first-come, first-served basis. Additionally, we consider audience size and relevance. I look forward to hearing from you.



WHERE I'VE BEEN FEATURED



ACCOLADES & ACCOMPLISHMENTS

CAREER

- **2020: Board Member**, Academy of Medicine of Cincinnati Foundation
- **2018:** Became a **Certified Opioid Treatment Provider** from Center for Substance Abuse Treatment
- **2015:** Voted member of **Ohio Delegation to the American Medical Association**
- **2012:** Became a **Fellow of the American Congress of Obstetricians & Gynecologists**
- **2011:** Board Member, **IV Charis HIV/AIDS Prevention Program**
- **2007:** Voted **Vice-President House Staff Council;** Miami Valley Hospital
- **2002:** Made my **first oral presentation at a National Medical Conference**
- **2001:** Voted **Vice-President Student National Medical Association;** Rush Medical College
- **1999:** Became an **Asthma Educator**
- **1998:** Became an **HIV/AIDS Counselor & Supervisor**
- **1997:** Published my first of many medical journal articles
- **1995:** Became **Certified Health Education Specialist**
- **1991:** Voted **President of Epsilon Tau Chapter, Alpha Kappa Alpha Sorority, Inc.**



ACCOLADES & ACCOMPLISHMENTS

EDUCATION

BACHELOR OF SCIENCE, MAJOR IN BIOLOGY

XAVIER UNIVERSITY OF LOUISIANA | 1988-1992

MASTER OF PUBLIC HEALTH

EMORY UNIVERSITY | 1994-1996

DOCTOR OF MEDICINE

RUSH MEDICAL COLLEGE | 2000-2004

OBGYN RESIDENCY

WRIGHT STATE UNIVERSITY | 2004-2008

AWARDS

2021 RECEIVED THE CINCINNATI TOP DOCTORS AWARD

2019 RECEIVED THE CINCINNATI TOP DOCTORS AWARD

2017 RECEIVED VITALS PATIENTS' CHOICE AWARD

**2003 EARNED 1ST PLACE EXCELLENCE IN RESEARCH AWARD;
WRIGHT STATE UNIVERSITY, DEPARTMENT OF OB/GYN**

**2003 RECEIVED THE NATIONAL MEDICAL ASSOCIATION
ANNUAL PATTI LABELLE SCHOLAR AWARD FROM MS. LABELLE**

**2001 SELECTED FOR THE BRISTOL-MYERS SQUIBB
FELLOWSHIP AWARD IN ACADEMIC MEDICINE**

**1999 RECIPIENT CHEERIOS HEALTH SCHOLARSHIP,
CONGRESSIONAL BLACK CAUCUS**

MY FEES

My speaking fees vary depending on several variables including the topic, duration and audience size. Please inquire for exact rate.

FEES ARE CUSTOMIZABLE AND NEGOTIABLE

SPEAKING RATES ARE AS FOLLOWS:

- Keynote Fee (45 minutes) - \$1,500
- Breakout Session/ Panel (60 MIN) - \$750
- Workshop (90 MIN - 2 HR) - \$1,000
- Half Day Training (4 HR) - \$3,500

ADDITIONAL CONSIDERATIONS:

When deciding to book me, here are some additional things to consider in your budget.

Event Admission:

- Event tickets for 2

Travel Arrangements:

- Airfare for two (first class) or
- Ground Transportation/ rental car (SUV only)

Meals & Gratuities:

- 2 meals per day (for 2)
- Tips/ gratuity at 15%

Hotel Accommodations

- 3 star hotel or higher
- Ground transportation to hotel (limousine or SUV)
- Room for speaker
- Room for speaker's assistant

FULL SPEAKERS RIDER PROVIDED UPON BOOKING



GET IN TOUCH

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